


# JANUARY 2020 - Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Grades K-12 Breakfast</b> <i>(Soft Diets)</i> <small>MENUS ARE SUBJECT TO CHANGE</small>				
<b>WINTER RECESS – Happy Holidays</b>				
<b>1-6</b>  Gourmet Waffles – <b>V</b> Fruit Cup Fruit Juice Got Milk	<b>1-7</b> Turkey Ham & Cheese on Hawaiian Roll Fruit Cup Fruit Juice Got Milk	<b>1-8</b> Chocolate Crescent – <b>V</b> Fruit Fruit Juice Got Milk	<b>1-9</b> French Toast Trio – <b>V</b> Fruit Cup Fruit Juice Got Milk	<b>1-10</b> Fiesta Bean & Cheese Burrito – <b>V</b> Fruit Fruit Juice Got Milk
<b>1-13</b> Crunchy Cereal Bowls – <b>V</b> Fruit Cup Fruit Juice Got Milk	<b>1-14</b> Italian Cheese Pocket – <b>V</b> Fruit Cup Fruit Juice Got Milk	<b>1-15</b> Mini French Toast Bites – <b>V</b> Fruit Fruit Juice Got Milk	<b>1-16</b> Morning Beef Sausage Sandwich Fruit Cup Fruit Juice Got Milk	<b>1-17</b> <i>New!</i> Cinnamon Pan Dulce – <b>V</b> Fruit Fruit Juice Got Milk
<b>1-20</b> <b>MARTIN LUTHER KING, JR. DAY</b>	<b>1-21</b> <i>New!</i> Deluxe Cereal Bowl Fruit Cup Fruit Juice Got Milk	<b>1-22</b> Gourmet Waffles – <b>V</b> Fruit Fruit Juice Got Milk	<b>1-23</b> French Toast Trio – <b>V</b> Fruit Cup Fruit Juice Got Milk	<b>1-24</b> Breakfast and Sausage Square Fruit Fruit Juice Got Milk
<b>1-27</b> Café LA Coffee Cake – <b>V</b> Fruit Cup Fruit Juice Got Milk	<b>1-28</b> Chicken Pancake Sandwich Fruit Cup Fruit Juice Got Milk	<b>1-29</b> French Toast Trio – <b>V</b> Fruit Fruit Juice Got Milk	<b>1-30</b> Italian Cheese Pocket – <b>V</b> Fruit Cup Fruit Juice Got Milk	<b>1-31</b> Cinnamon Pancakes – <b>V</b> Fruit Fruit Juice Got Milk

 **All of the Grain/Bread items served are Whole Grain Rich.**

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

**S:** Items with an (S) can be saved for later **V:** Vegetarian items

Posted 12/6/19

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